

東華大學心理 諮商輔導中心

Counseling Center

NDHU


Enjoy your time in NDHU



諮商中心在幹嘛？ *What we do?*

諮商中心協助有任何個人或
心理健康議題的同學們，我
們提供包括個別諮商、團體
諮商、工作坊、各項講座，
以及精神科會診。

The Dong Hwa University Counseling
Center caters to students who
experience a wide variety of either
personal or mental health concerns.
We offer services including individual
counseling, group counseling, workshops,
lectures and psychiatric consultation.



如果你感覺到...

壓力很大

焦慮

情緒低落

人際困擾

關係/感情困擾

想家

其他(課業家人等等)



IF YOU FEEL...
STRESSED OUT
LONELY
ANXIOUS
CONCERNED ABOUT
INTERPERSONAL ISSUES
CONCERNED ABOUT
RELATIONSHIP ISSUES
HOMESICK
OTHERS (ACADEMICS,
FAMILY, AND SO ON)





如何預約？

How to Make an Appointment?

開放時間：

星期一到四 8:00-17:00, 18:00~21:00

星期五 8:00-17:00 (午休時間, 12:00-13:00)

寒暑假期間無夜間服務

初談：約20分鐘

可先來電詢問與預約時段，以免白跑一趟

預約專線：(03)890-6896、(03)890-6270

正式會談：每次50分鐘

Opening hours：

Monday-Thursday 8:00-17:00, 18:00~21:00

Friday 8:00-17:00

(Lunch Break, 12:00-13:00)

Night service unavailable during Summer & Winter vacation

Intake sessions：about 20 mins

Booking Line：(03)890-6896、(03)890-6270

Email: pcc@gms.ndhu.edu.tw

Counseling sessions：50 mins






資源開發組

Disability Services Division

資源開發組(亦可稱資源教室)，專職特殊教育學生輔導工作，並提供相關協助。主要服務項目除為個別學生提供支持性服務外，也提供生活輔導、課業輔導、轉銜服務及諮詢服務等，目的在建立特殊教育學生公平無障礙的學習環境，培養學生主動求助、積極尋找資源的能力，進而提升學生自我認同與互助的精神，並積極適應校園生活，順利完成學業。

The Disability Services Division (also known as the Resource Classroom) is dedicated to supporting students with special educational needs and providing related assistance. In addition to offering individualized support services, it also provides life guidance, academic tutoring, transitional support, and consultation services. The main goal is to establish a fair and barrier-free learning environment for students with special needs, fostering their ability to seek help proactively and access available resources. Ultimately, it aims to enhance students' self-identity and spirit of mutual support, helping them adapt to campus life and successfully complete their studies.



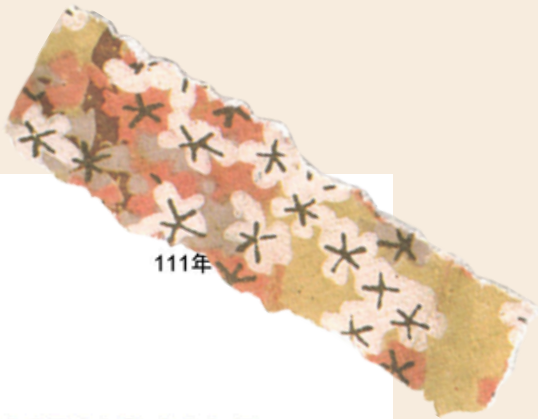
我們在哪裡？



國立東華大學 導覽地圖

我們在學生活動中心B側一、二樓

WHERE ARE WE?



We are at the 1st and 2nd floor of Student Activities Center (West wing)



更多資訊 More information~

<https://pcc1.ndhu.edu.tw/>